

"Navigating Resistance and Flow on the High C's"

Waves of dis-ease  
distress  
depression  
delusion  
the high seas of cancer and COVID.

You doctors can medicate  
cut & snip, sew & set, slash & burn  
(and get paid handsomely for it)

But my goal is holistic  
My skills are hands-on healing  
My currency is energy  
Vibration  
My destination—flow.

My resistance to Western medicine—  
like a block of ice  
keeping me immobile, frozen in time and place—  
Yet you invite me to thaw  
to melt in the radiance of your knowledge,  
your expertise, your skill,  
your genuine warmth.

How to maintain my voice, choice and power?

I am practicing Trust.  
I surrender to you, my chosen doctors and surgeons,  
my Body  
for healing  
my Mind  
for rewiring  
my Spirit  
for rebirthing  
All for my higher good  
for some unknown purpose and mission  
that the Divine has mapped

as I navigate the high seas  
of cancer during COVID.